



The Deschutes County Children & Families Commission and  
The Healthy Kids Learn Better Cadre present

## **Increasing Our Effectiveness Series: Best Practices and Emerging Issues in Health Education Part 2**

Wednesday, February 23, 2011, 8:30am - 3:30pm AND

Thursday, February 24, 2011, 8:30am - 3:30pm

Location: Community Room, Bend Park and Recreation District, 799 SW Columbia St., Bend

**Materials and substitute coverage provided by the Children & Families Commission (CFC).  
Participants are expected to attend both days of training.**

This training brings a district through a process in which participants work as a team using effective practices in health education, local student data, the policies around health education and Oregon's grade level maps to determine their district scope and sequence. Once the scope and sequence are established, curriculum programs are reviewed and selected using the Health Education Curriculum Analysis Tool (HECAT).

**AUDIENCE:** K-12 and pre-service health teachers, curriculum specialists and school administrators.

### **PARTICIPANTS WILL RECEIVE AT NO COST**

- Two-day training
- Substitute coverage (limited number available to Deschutes Co. districts only - register now!)
- Certificate of completion of 12-hours of professional development
- One set of Oregon Health Education Standards posters

### **OBJECTIVES**

By the end of the training, participants will

- Review effective practices in health education
- Understand and be able to teach to the Oregon Health Education Standards
- Be familiar with the laws and policies related to health curriculum and instruction
- Review local or county Oregon Healthy Teens Survey Data
- Develop a scope and sequence for your K-12 grades
- Be introduced to the HECAT tool
- Use skills/knowledge from Increasing Our Effectiveness Part 1 to review curricula. This includes: data, effective practices, Oregon Health Education Standards and laws/policies
- Use HECAT checklists to review curricula
- Develop a list of recommended curricula to bring to the SHAC or School Board
- Develop a "wish list" for further resources and support from CFC

For more information contact Maesie Speer, HKLB Cadre: 503.493.9752 or [maesie@hklb.org](mailto:maesie@hklb.org)  
or Jessica Kelly, CFC: 541.330.4632 or [jessicak@deschutes.org](mailto:jessicak@deschutes.org)



## INCREASING OUR EFFECTIVENESS REGISTRATION FORM

**\*\*REGISTRATION DUE 1 WEEK PRIOR TO TRAINING\*\***

Please save your information to this form and email it to the Healthy Kids Learn Better Cadre at [maesie@hklb.org](mailto:maesie@hklb.org). Alternately, you can include the requested information in the body of an email.

NAME \_\_\_\_\_

SCHOOL/PLACE OF EMPLOYMENT \_\_\_\_\_

POSITION/GRADE LEVEL \_\_\_\_\_

WORK MAILING ADDRESS \_\_\_\_\_  
\_\_\_\_\_

PHONE NUMBER \_\_\_\_\_

EMAIL \_\_\_\_\_

**PLEASE INDICATE IF YOU ARE REQUESTING SUBSTITUTE TEACHER COVERAGE:**

No, I am not requesting substitute coverage

Yes, I am requesting substitute coverage.

*Limited substitute coverage will be paid for by the Deschutes County Children & Families Commission and is available to teachers in Deschutes County school districts only. You will receive email confirmation prior to the training.*

For more information contact Maesie Speer, HKLB Cadre: 503.493.9752 or [maesie@hklb.org](mailto:maesie@hklb.org)  
or Jessica Kelly, CFC: 541.330.4632 or [jessicak@deschutes.org](mailto:jessicak@deschutes.org)